

AccuDiag™
SSA (Ro)
ELISA Kit

REF 2555-2



Test	SSA (Ro) ELISA
Method	Enzyme Linked Immunosorbent Assay
Principle	ELISA- Indirect; Antigen Coated Plate
Detection Range	Semi-Quantitative - Positive, Negative and Cut-off
Sample	10 µL serum
Total Time	~ 60 min.
Shelf Life	12 Months from the manufacturing date
Specificity	100%
Sensitivity	98.2%

INTENDED USE

Diagnostic Automation SSA (Ro) ELISA test system is a semi-quantitative immunoassay for the detection of IgG antibodies to SSA (Ro) in human sera. When performed according to these instructions, the results of this autoantibody profile may aid in the diagnosis and treatment of autoimmune connective tissue disorders. This device is for *in vitro* diagnostic use.

SUMMARY AND EXPLANATION

In recent years it has become clear that autoantibodies to a number of nuclear constituents have proven to be useful in the diagnosis of various connective tissue diseases. The Jo-1 autoantibody is one of a family of characteristic autoantibodies seen in myositis patients (19). They are all specifically found in patients with myositis, and are all associated with a high incidence of accompanying interstitial lung disease (10). Antibodies directed against the Sm marker are highly specific for patients with SLE and are considered a diagnostic criterion for SLE (1,2). The presence of high level RNP antibodies alone are considered diagnostic of mixed connective tissue disease (MCTD) and are usually associated with a more benign disease course (3), while patients with low levels of RNP antibodies, together with other autoantibodies, may be observed in the serum of patients with progressive systemic sclerosis, Sjögren's Syndrome, and rheumatoid arthritis. The presence of RNP antibodies in the serum of SLE patients is usually associated with a lower incidence of renal involvement and a more benign disease course. To the contrary, patients with Sm antibodies experience a higher frequency of renal and central nervous system complications (4). Autoantibodies directed against SSA and SSB may be observed in patients with SLE (5-6) and Sjögren's disease (7-9). SSA antibodies are frequently present in the serum of ANA negative SLE patients, such as subacute cutaneous lupus erythematosus (12), a lupus-like syndrome associated with a homozygous C2 deficiency (13), and in a subset of patients who lack anti-dsDNA antibodies (11). Scl-70 antibodies are highly specific for scleroderma (11). They are also observed in a minority of SLE patients. Scl-70 positive scleroderma patients tend to have a more severe disease course, more internal organ involvement and diffuse rather than limited skin involvement (14). Scl-70 antibodies are rarely

found in other autoimmune diseases, and thus, their detection in a patient with the recent onset of Raynaud's phenomenon is highly significant (15).

The relative frequency of these autoantibodies in association with SLE and other connective tissue diseases either singly, or as multiple autoantibodies, requires an autoantibody profile assessment of each patient's serum in order to obtain the highest degree of clinical relevance in the laboratory workup of these types of patients. Until recently, autoantibodies were tested individually by indirect immunofluorescence, Ouchterlony gel diffusion, hemagglutination, radioimmunoassay, or enzyme-linked immunosorbent assay (ELISA). Although the exact etiology of autoimmune diseases is unknown, and the specific role played by autoantibodies in the onset of various autoimmune connective tissue diseases is obscure, the association and frequency of detection of these antibodies, particularly those of the IgG class, by the DAI SSA (Ro) ELISA test system, offers an efficient test procedure for the laboratory workup of patients with various connective tissue diseases.

The following table summarizes the various autoantibodies noted above with respect to disease association: (16)

Antibody	Disease State	Relative Frequency of Antibody Detection %
Anti-Jo-1	Myositis	25-44% (19)
Anti-Sm	SLE	30*
Anti-RNP	MCTD,SLE	100** and >40, respectively
Anti-SSA (Ro)	SLE, Sjögren's	15 and 30-40, respectively
Anti-SSB (La)	SLE, Sjögren's	15 and 60-70, respectively
Anti-Scl-70	Systemic sclerosis	20-28*
* Highly Specific		
* *Highly specific when present alone at high titer		

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TEST PRINCIPLE

The DAI SSA (Ro) ELISA test system is designed to detect IgG class antibodies to different autoantigens in human sera. Wells of plastic microwell strips are sensitized by passive absorption with immobilized antigens. The test procedure involves three incubation steps:

1. Test sera (properly diluted) are incubated in antigen coated microwells. Any antigen specific antibody in the sample will bind to the immobilized antigen. The plate is washed to remove unbound antibody and other serum components.
2. Peroxidase Conjugated goat anti-human IgG is added to the wells and the plate is incubated. The Conjugate will react with the antibodies immobilized on the solid phase in step 1. The wells are washed to remove unreacted Conjugate.
3. The microwells containing immobilized peroxidase Conjugate are incubated with peroxidase Substrate Solution. Hydrolysis of the Substrate by peroxidase produces a color change. After a period of time the reaction is stopped and the color intensity of the solution is measured photometrically. The color intensity of the solution depends upon the antibody concentration in the original test sample.

SPECIMEN COLLECTION AND PREPARATION

1. It is recommended that specimen collection be carried out in accordance with NCCLS document M29: Protection of Laboratory Workers from Infectious



Disease.

- No known test method can offer complete assurance that human blood samples will not transmit infection. Therefore, all blood derivatives should be considered potentially infectious.
- Only freshly drawn and properly refrigerated sera obtained by approved aseptic venipuncture procedures should be used in this assay (17, 18). No anticoagulants or preservatives should be added. Avoid using hemolyzed, lipemic, or bacterially contaminated sera.
- Store sample at room temperature for no longer than 8 hours. If testing is not performed within 8 hours, sera may be stored between 2 and 8°C for no longer than 48 hours. If delay in testing is anticipated, store test sera at -20°C or lower. Avoid multiple freeze/thaw cycles that may cause loss of antibody activity and give erroneous results.

- Disposal basin and disinfectant. (example: 10% household bleach, 0.5% sodium hypochlorite.)

MATERIALS AND COMPONENTS

Materials provided with the test kits

Each kit contains the following components in sufficient quantities to perform the number of tests indicated on packaging label. **Note: All reactive reagents contain sodium azide as a preservative at a concentration of < 0.1% (w/v): Controls, Calibrators and Sample Diluent.**

- Plate:** 96 wells configured in twelve, 1x 8-well, strips coated with inactivated antigen. The strips are packaged in a strip holder and sealed in an envelope with desiccant.
- Conjugate:** Conjugated (horseradish peroxidase) goat anti-human IgG (Fc chain specific). One, 15 mL, white- capped bottle. Ready to use.
- Positive Control (Human Serum):** One, 0.35 mL, red-cap vial.
- Calibrator (Human Serum):** One, 0.5mL, blue-cap.
- Negative Control (Human Serum):** One, 0.35mL, green-cap vial.
- Sample Diluent:** One, 30mL, green-cap, bottle containing Tween-20, bovine serum albumin and phosphate-buffered-saline, (pH 7.2 ± 0.2). Ready to use. **Note: The Sample Diluent will change color when combined with serum.**
- TMB:** One, 15 mL, amber-capped, amber bottle containing 3, 3', 5, 5' - tetramethylbenzidine (TMB). Ready to use.
- Stop Solution:** One, 15 mL, red-capped, bottle containing 1M H₂SO₄, 0.7M HCl. Ready to use.
- Wash Buffer Concentrate (10X):** Dilute 1 part concentrate + 9 parts deionized or distilled water. One, 100mL, clear-capped, bottle containing a 10X concentrated phosphate-buffered -saline and Tween-20 solution (Blue solution). **Note: 1X solution will have a pH of 7.2 ± 0.2.**

The following components are not kit lot number dependent and may be used interchangeably with the ELISA assays: TMB, Stop Solution, and Wash Buffer.

Note: Kit also contains

- Component list containing lot specific information is inside the kit box.
- Package insert providing instructions for use.

Materials required but not provided

- ELISA microwell reader capable of reading at a wavelength of 450nm. NOTE: Use of a single (450nm), or dual (450/620 - 650nm), wavelength reader is acceptable. Dual wavelength is preferred, as the additional reference filter has been determined to reduce potential interference from anomalies that may absorb light.
- Pipettes capable of accurately delivering 10 to 200µL.
- Multichannel pipette capable of accurately delivering (50-200µL)
- Reagent reservoirs for multichannel pipettes.
- Wash bottle or microwell washing system.
- Distilled or deionized water.
- One liter graduated cylinder.
- Serological pipettes.
- Disposable pipette tips.
- Paper towels.
- Laboratory timer to monitor incubation steps.

ASSAY PROCEDURE

- Remove the individual components from storage and allow them to warm to room temperature (20-25°C).
- Determine the number of microwells needed. Allow six Control/Calibrator determinations (one Blank, one Negative Control, three Calibrators and one Positive Control) per run. A Reagent Blank should be run on each assay. Check software and reader requirements for the correct Controls/Calibrator configurations. Return unused strips to the resealable pouch with desiccant, seal, and return to storage between 2° and 8°C.

EXAMPLE PLATE SET-UP		
	1	2
A	Blank	Patient 3
B	Neg. Control	Patient 4
C	Calibrator	Etc.
D	Calibrator	
E	Calibrator	
F	Pos. Control	
G	Patient 1	
H	Patient 2	

- Prepare a 1:21 dilution (e.g.: 10µL of serum + 200µL of Sample Diluent) of the Negative Control, Calibrator, Positive Control, and each patient serum. **Note: The Sample Diluent will undergo a color change confirming that the specimen has been combined with the diluent.**
- To individual wells, add 100µL of each diluted control, calibrator and patient specimen. Ensure that the samples are properly mixed. Use a different pipette tip for each sample.
- Add 100µL of Sample Diluent to well A1 as a reagent blank. Check software and reader requirements for the correct reagent blank well configuration.
- Incubate the plate at room temperature (20-25°C) for 25± 5 minutes.
- Wash the microwell strips 5X.

A. Manual Wash Procedure:

- Vigorously shake out the liquid from the wells.
- Fill each microwell with Wash Buffer. Make sure no air bubbles are trapped in the wells.
- Repeat steps a. and b. for a total of 5 washes.
- Shake out the wash solution from all the wells. Invert the plate over a paper towel and tap firmly to remove any residual wash solution from the wells. Visually inspect the plate to ensure that no residual wash solution remains. Collect wash solution in a disposable basin and treat with disinfectant at the end of the day's run.

B. Automated Wash Procedure:

If using an automated microwell wash system, set the dispensing volume to 300-350µL/well. Set the wash cycle for 5 washes with no delay between washes. If necessary, the microwell plate may be removed from the washer, inverted over a paper towel and tapped firmly to remove any residual wash solution from the microwells.



Test Specimen OD = 0.946	Test Specimen AAU/mL = $(0.946 \times 155) / 0.435$
Calibrator OD = 0.435	Test Specimen = 337 AAU/mL
Calibrator Unit Value = 155 AAU/mL	

AAU/mL = Unknown Unit Value to be determined; A = OD of the test specimen in question; B = Unit Value of the Positive Calibrator (AAU/mL) & C = The mean OD of the Calibrator. Example:

B. Interpretations:

Index Values or OD ratios are interpreted as follows:

	Unit Values	Index Value or OD Ratio
Negative Specimens	<150 AAU/mL	≤ 0.90
Equivocal Specimens	150 to 180 AAU/mL	0.91 to 1.09
Positive Specimens	>180 AAU/mL	≥ 1.10

8. Add 100µL of the Conjugate to each well, including reagent blank well, at the same rate and in the same order as the specimens were added.
9. Incubate the plate at room temperature (20-25°C) for 25 ± 5 minutes
10. Wash the microwells by following the procedure as described in step 7.
11. Add 100µL of TMB to each well, including Reagent Blank well, at the same rate and in the same order as the specimens.
12. Incubate the plate at room temperature (20-25°C) for 10 to 15 minutes.
13. Stop the reaction by adding 50µL of Stop Solution to each well, including reagent blank well, at the same rate and in the same order as the TMB was added. Positive samples will turn from blue to yellow. After adding the Stop Solution, tap the plate several times to ensure that the samples are thoroughly mixed.
14. Set the microwell reader to read at a wavelength of 450nm and measure the optical density (OD) of each well against the reagent blank. The plate should be read within 30 minutes after the addition of the Stop Solution.

ABBREVIATED TEST PROCEDURE

1. Dilute Serum 1:21.
2. Add diluted sample to microwell - 100µL/well.
3. → *Incubate 25 ± 5 minutes.*
4. Wash.
5. Add Conjugate - 100µL/well.
6. → *Incubate 25 ± 5 minutes.*
7. Wash.
8. Add TMB 100µL/well.
9. → *Incubate 10 - 15 minutes.*
10. Add Stop Solution - 50µL/well – Mix.
11. READ within 30 minutes.

Retest specimens with OD Ratio Values in the equivocal range (0.91 – 1.09) in duplicate. Report any two of the three results which agree. Evaluate repeatedly equivocal specimens using an alternate serological method and/or re-evaluate by drawing another sample one to three weeks later.

QUALITY CONTROL

1. Each time the assay is run the Calibrator must be run in triplicate. A reagent blank, Negative Control, and Positive Control must also be included in each assay.
2. Calculate the mean of the three Calibrator wells. If any of the three values differ by more than 15% from the mean, discard that value and calculate the mean using the remaining two wells.
3. The mean OD value for the Calibrator and the OD values for the Positive and Negative Controls should fall within the following ranges:

	OD Range
Negative Control	≤ 0.250
Calibrator	≥ 0.300
Positive Control	≥ 0.500

RESULTS

The Calibrator within this Test System has been assigned both a Correction Factor for the generation of Index Values and a Calibrator Value for the generation of Unit Values. Based upon testing of normal and disease-state specimens, a maximum normal Unit Value has been determined by the manufacturer and correlated to the Calibrator.

A. Calculations:

- a. Correction Factor: The manufacturer determined a Cutoff OD Value for positive samples and correlated it to the Calibrator. The Correction Factor (CF) allows for the determination of the Cutoff Value for positive samples. It will also correct for slight day-to-day variations in test results. The Correction Factor is determined for each lot of components and is printed on the Component Label located in the Test System box.
- b. Cutoff OD Value: To obtain the Cutoff OD Value, multiply the CF by the mean OD of the Calibrator determined above. (CF x Mean OD of Calibrator = Cutoff OD Value)
- c. Index Values/OD Ratios: Calculate the Index Value/OD Ratio for each specimen by dividing its OD Value by the Cutoff OD from step b.

Mean OD of Calibrator	=	0.793
Correction Factor (CF)	=	0.25
Cut off OD	=	$0.793 \times 0.25 = 0.198$
Unknown Specimen OD	=	0.432
Specimen Index Value or OD Ratio	=	$0.432 / 0.198 = 2.18$

- a. The OD of the Negative Control divided by the mean OD of the Calibrator should be ≤ 0.9.
- b. The OD of the Positive Control divided by the mean OD of the Calibrator should be ≥ 1.25.
- c. If the above conditions are not met the test should be considered invalid and should be repeated.

4. The Positive Control and Negative Control are intended to monitor for substantial reagent failure and will not ensure precision at the assay cut-off.
5. Additional controls may be tested according to guidelines or requirements of local, state, and/or federal regulations or accrediting organizations.
6. Refer to CLSI document C24: Statistical Quality Control for Quantitative Measurements for guidance on appropriate QC practices.

PERFORMANCE CHARACTERISTICS

1. Comparative Study

A comparative study was performed to demonstrate the equivalence of the DAI SSA (Ro) ELISA to several other commercially available autoantibody ELISA test systems. The performance of the SSA (Ro) ELISA was evaluated using 337* serum specimens; 152 normal donor samples from the northeastern and southeastern United States, and 185 disease-state repository samples previously characterized with respect to autoantibody activity. The results of the investigation have been summarized in Tables 1 and 2 below:

Table 1: Relative Sensitivity, Disease-State Specimens

DAI ELISA	Commercial ELISA	Discrepant Samples	Reactives After Resolution of	Sensitivity
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Reactives	Reactives	Discrepant	Discrepant	
56	74	18	57	56/57 =98.2%

Table 2: Relative Specificity; Normal Donor Specimens

DAI ELISA Non-Reactives	Commercial ELISA Reactives	Discrepant Samples	Non-reactives After Resolution of Discrepant	Specificity
146	146	0	146	146/146=100%

2. Reproducibility

A reproducibility study was conducted to assess the intra-assay and inter-assay variability of the test system using a strong positive, a low positive, and a negative sample. Samples were tested eleven times on each of three days. The mean unit value, the standard deviation, and the percent CV were calculated for each sample. The results of this study are depicted below:

Table 3: Reproducibility for DAI ELISA SSA (Ro) Test System

Intra-assay Reproducibility												
Day 1				Day 2			Day 3			Inter-Assay Reproducibility; All Days Combined		
Specimen	Mean	Std Dvn	% CV	Mean	Std Dvn	% CV	Mean	Std Dvn	% CV	Mean	Std Dvn	% CV
High Positive	818	62	7	652	68	10	779	52	7	750	95	13
Low Positive	199	26	13	231	38	17	189	22	12	207	35	17
Negative	27	4	N/A	14	6	N/A	13	5	N/A	18	9	N/A

3. Cross Reactivity

Specimens negative for ANA by HEp-2 IFA and positive for IgG antibody to various antigens such as EBV-VCA, EBNA, HSV-1, HSV-2, CMV, Rubella, and/or Toxo, were tested for potential cross reactivity using the DAI ELISA Scl-70 Test System. All specimens tested were negative on the ELISA, indicating that the potential for cross reactivity with such antibodies is not likely, and therefore should not interfere with the results obtained.

LIMITATIONS OF PROCEDURE

- Do not make a diagnosis solely on the basis of any of the DAI ELISA SSA (Ro)Test System test results.
- Interpret test results in conjunction with the clinical evaluation and the results of other diagnostic procedures.

EXPECTED VALUES

The expected value for a normal patient is a negative result. The number of reactives, and the degree of reactivity is dependent upon parameters such as population type being tested, treatment, etc. Each laboratory should establish their own expected values based upon the specimens typically being tested. With respect to disease-state and percent reactivity, Table I in the Significance And Background section of this package insert shows the relative frequency of autoantibody activity for various rheumatic disorders.

PRECAUTIONS

- For *In Vitro* Diagnostic Use.
- Normal precautions exercised in handling laboratory reagents should be followed. In case of contact with eyes, rinse immediately with plenty of water and seek medical advice. Wear suitable protective clothing, gloves, and eye/face protection. Do not breathe vapor. Dispose of waste observing all local, state, and federal laws.
- The wells of the ELISA plate do not contain viable organisms. However, the strips should be considered potentially biohazardous materials and handled accordingly.
- The human serum controls are potentially biohazardous materials. Source

- materials from which these products were derived were found negative for HIV-1 antigen, HBsAg, and for antibodies against HCV and HIV by approved test methods. However, since no test method can offer complete assurance that infectious agents are absent, these products should be handled at the Biosafety Level 2 as recommended for any potentially infectious human serum or blood specimen in the Centers for Disease Control/National Institutes of Health manual "Biosafety in Microbiological and Biomedical Laboratories": current edition; and OSHA's Standard for Bloodborne Pathogens (20).
- Adherence to the specified time and temperature of incubations is essential for accurate results. **All reagents must be allowed to reach room temperature (20-25°C) before starting the assay.** Return unused reagents to refrigerated temperature immediately after use.
 - Improper washing could cause false positive or false negative results. Be sure to minimize the amount of any residual wash solution; (e.g., by blotting or aspiration) before adding Conjugate or Substrate. Do not allow the wells to dry out between incubations.
 - The Sample Diluent controls, wash buffer, and conjugate contain sodium azide at a concentration of 0.1% (w/v). Sodium azide has been reported to form lead or copper azides in laboratory plumbing which may cause explosions on hammering. To prevent, rinse sink thoroughly with water after disposing of solution containing sodium azide.
 - The Stop Solution is TOXIC. Causes burns. Toxic by inhalation, in contact with skin and if swallowed. In case of accident or if you feel unwell, seek medical advice immediately.
 - The TMB Solution is HARMFUL. Irritating to eyes, respiratory system and skin.
 - The Wash Buffer concentrate is an IRRITANT. Irritating to eyes, respiratory system and skin.
 - Wipe bottom of plate free of residual liquid and/or fingerprints that can alter optical density (OD) readings.
 - Dilution or adulteration of these reagents may generate erroneous results.
 - Reagents from other sources or manufacturers should not be used.
 - TMB Solution should be colorless, very pale yellow, very pale green, or very pale blue when used. Contamination of the TMB with conjugate or other oxidants will cause the solution to change color prematurely. Do not use the TMB if it is noticeably blue in color.
 - Never pipette by mouth. Avoid contact of reagents and patient specimens with skin and mucous membranes.
 - Avoid microbial contamination of reagents. Incorrect results may occur.
 - Cross contamination of reagents and/or samples could cause erroneous results.
 - Reusable glassware must be washed and thoroughly rinsed free of all detergents.
 - Avoid splashing or generation of aerosols.
 - Do not expose reagents to strong light during storage or incubation.
 - Allowing the microwell strips and holder to equilibrate to room temperature prior to opening the protective envelope will protect the wells from condensation.
 - Wash solution should be collected in a disposal basin. Treat the waste solution with 10% household bleach (0.5% sodium hypochlorite). Avoid exposure of reagents to bleach fumes.
 - Caution: Liquid waste at acid pH should be neutralized before adding to bleach solution.
 - Do not use ELISA plate if the indicator strip on the desiccant pouch has turned from blue to pink.
 - Do not allow the conjugate to come in contact with containers or instruments that may have previously contained a solution utilizing sodium azide as a preservative. Residual amounts of sodium azide may destroy the conjugate's enzymatic activity.
 - Do not expose any of the reactive reagents to bleach-containing solutions or to any strong odors from bleach-containing solutions. Trace amounts of bleach (sodium hypochlorite) may destroy the biological activity of many of the reactive reagents within this kit.

STORAGE

- Store the unopened kit between 2 and 8°C.
- Coated microwell strips: Store between 2 and 8°C. Extra strips should be immediately resealed with desiccant and returned to proper storage. Strips are stable for 60 days after the envelope has been opened and properly resealed and the indicator strip on the desiccant pouch remains blue.

3. Conjugate: Store between 2 and 8°C. DO NOT FREEZE.
4. Calibrator, Positive Control and Negative Control: Store between 2 and 8°C.
5. TMB: Store between 2 and 8°C.
6. Wash Buffer concentrate (10X): Store between 2 and 25°C. Diluted wash buffer (1X) is stable at room temperature (20 to 25° C) for up to 7 days or for 30 days between 2 and 8°C.
7. Sample Diluent: Store between 2 and 8°C.
8. Stop Solution: Store between 2 and 25°C.

GP44- A4 (ISBN 1-56238-724-3). Clinical and Laboratory Standards Institute, 950 West Valley Road, Suite 2500, Wayne, PA 19087.

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