AccuDiag™
Total Human IgE
ELISA

INTENDED USE
For the quantitative determination of Immunoglobulin E (IgE) concentration in human serum.

SUMMARY AND EXPLANATION
Patients with atopic allergic diseases such as atopic asthma, atopic dermatitis, and hay fever have been shown to exhibit increased total immunoglobulin E (IgE) levels in blood. IgE is also known as the reaginic antibody. In general, elevated levels of IgE indicate an increased probability of an IgE-mediated hypersensitivity, responsible for allergic reactions. Parasitic infestations such as hookworm, and certain clinical disorders including aspergillosis, have also been demonstrated to cause high levels of IgE. Decreased levels of IgE are found in cases of hypogammaglobulinemia, autoimmune diseases, ulcerative colitis, hepatitis, cancer, and malaria. Cord blood or serum IgE levels may have prognostic value in assessing the risk of future allergic conditions in children. Certain groups of white blood cells, including basophils and tissue mast cells, have membrane receptors for the IgE molecule. These target cells, through a series of complex reactions, form a combination of a specific allergen with antibody-sensitized basophils such as histamine, into the blood stream. As a result of these biochemical mediators, there is a constriction of smooth muscles, dilation of small blood vessels, activation of blood platelets, and irritation of skin nerve endings characteristic of allergic reactions. Typical clinical symptoms of immediate hypersensitivity are inflammation and itching in a skin reaction, or congestion in a bronchial reaction. The IgE serum concentration in a patient is dependent on both the extent of the allergic reaction and the number of different allergens to which he is immunologically to the IgE on the well, resulting in the IgE molecules being sandwiched between the solid phase and enzyme-linked antibodies. After an incubation at room temperature, the wells are washed with water to remove unbound labeled antibodies. A solution of TMB is added and incubated for 20 minutes, resulting in the development of a blue color. The color development is stopped with the addition of 2N HCl and the color is changed to yellow and measured spectrophotometrically at 450 nm. The concentration of IgE is directly proportional to the color intensity of the test sample.

SPECIMEN COLLECTION AND PREPARATION
Serum should be prepared from a whole blood specimen obtained by acceptable medical techniques. This kit is for use with serum samples without additives only.

MATERIALS AND COMPONENTS
Materials provided with the test kits
1. Antibody-coated microtiter wells, 96 wells per plate.
2. Reference standards, 0, 10, 50, 100, 400, and 800 IU/mL. Liquid, ready for use.
4. Enzyme Conjugate Reagent, 18 ml.
5. TMB Substrate, 12 ml.
6. Stop Solution, 12 ml.
7. Wash Buffer Concentrate (50X), 15 ml

Materials required but not provided
1. Precision pipettes: 10 µl~40 µl, 40 µl~200 µl and 1.0 ml.
2. Disposable pipette tips.
3. Distilled water.
4. Vortex mixer or equivalent.
5. Absorbent paper or paper towel.
6. Graph paper.
7. Microtiter well reader.

REAGENT PREPARATION
1. All reagent should be brought to room temperature (18-22°C) before use.
2. Dilute 1 volume of Wash Buffer (50x) with 49 volumes of distilled water. For example, Dilute 15 ml of Wash Buffer (50x) into 735 ml of distilled water to prepare 750 ml of washing buffer (1x). Mix well before use.

ASSAY PROCEDURE
1. Secure the desired number of coated wells in the holder.
2. Dispense 20 µl of standard, specimens, and controls into appropriate wells.
3. Dispense 100 µl of Zero Buffer into each well.
4. Thoroughly mix for 10 seconds. It is very important to have completed mixing in this setup.
5. Incubate at room temperature (18-22°C) for 30 minutes.
6. Remove the incubation mixture by flicking plate content into a waste container.
7. Rinse and flick the microtiter wells 5 times with washing buffer (1X).
Strike the wells sharply onto absorbent paper or paper towels to remove all
residual water droplets.
9. Dispense 150 µl of Enzyme Conjugate Reagent into each well. Gently mix for 5 seconds.
10. Incubate at room temperature for 30 minutes.
11. Remove the incubation mixture by flicking plate contents into sink.
12. Rinse and flick the microtiter wells 5 times with washing buffer (1X).
13. Strike the wells sharply onto absorbent paper or paper towels to remove all residual water droplets.
14. Dispense 100 µl TMB solution into each well. Gently mix for 5 seconds.
15. Incubate at room temperature in the dark for 20 minutes.
16. Stop the reaction by adding 100 µl of Stop Solution to each well.
17. Gently mix for 30 seconds. It is important to make sure that all the blue color changes to yellow color completely.
18. Read optical density at 450 nm with a microtiter reader.

Important Note:
The wash procedure is critical. Insufficient washing will result in poor precision and falsely elevated absorbance readings. Avoid Repeated Freeze and thaw of the conjugate.

RESULTS
Calculate the mean absorbance value (A_{450}) for each set of reference standards, specimens, controls and patient samples. Constructed a standard curve by plotting the mean absorbance obtained from each reference standard against its concentration in IU/ml on graph paper, with absorbance values on the vertical or Y axis and concentrations on the horizontal or X axis. Use the mean absorbance values for each specimen to determine the corresponding concentration of IgE in IU/ml from the standard curve.

Example of standard curve
Results of typical standard run with optical density reading at 450nm shown in the Y axis against IgE concentrations shown in the X axis. This standard curve is for the purpose of illustration only, and should not be used to calculate unknowns. Each user should obtain his or her own data and standard curve.

<table>
<thead>
<tr>
<th>IgE (IU/ml)</th>
<th>Absorbance (450nm)</th>
</tr>
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<tbody>
<tr>
<td>0</td>
<td>0.008</td>
</tr>
<tr>
<td>10</td>
<td>0.189</td>
</tr>
<tr>
<td>50</td>
<td>0.851</td>
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<tr>
<td>100</td>
<td>1.287</td>
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<tr>
<td>400</td>
<td>2.300</td>
</tr>
<tr>
<td>800</td>
<td>2.966</td>
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</tbody>
</table>

Expected values and sensitivity
The total IgE level in a normal, allergy-free adult is less than 150 IU/ml of serum. The minimum detectable concentration of IgE by this assay is estimated to be 5.0 IU/ml.

LIMITATIONS OF PROCEDURE
There are some limitation of the assay.
1. As with all diagnostic tests, a definite clinical diagnosis should not be based on the results of a single test, but should only be made by the physician after all clinical and laboratory findings have been evaluated.
2. Studies have implicated possible interference in immunossay results in some patients with known rheumatoid factor and antinuclear antibodies. Serum samples from patients who have received infusions containing mouse monoclonal antibodies for diagnostic or therapeutic purposes, may contain antibody to mouse protein (HAMA). Although we have added some agents to avoid the interferences, we cannot guarantee to eliminate all the effects of that.
3. The wash procedure is critical. Insufficient washing will result in poor precision and falsely elevated absorbance. The use of tap water for washing could result in a higher background absorbance.

STORAGE
1. Unopened test kits should be stored at 2-8°C upon receipt and the microtiter plate should be kept in a sealed bag with desiccants to minimize exposure to damp air.
2. Opened test kits will remain stable until the expiring date shown, provided it is stored as prescribed above.
3. A microtiter plate reader with a bandwidth of 10nm or less and an optical density range of 0-2.5 OD or greater at 450nm wavelength is acceptable for use in absorbance measurement.

REFERENCE
2. Buckley R.H. Immunopharmacology of Allergic Disease 1979; 117
4. Ishizaka T. Ann Allergy 1982; 48: 313

ISO 13485
ISO 9001

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